

Physical Therapy

Why Physical Therapy?

Physical therapy can relieve many painful conditions caused by injury, normal aging, muscle imbalances, repetitive activities, work impairment, surgery or chronic conditions. Physical therapists are experts in the art and science of human movement. We can help you to regain, increase, or maintain optimal physical ability to help improve your quality of life!

What does a Physical Therapist do?

We provide evaluation and treatment of muscle, joint, and nerve. The care will include a customized treatment plan, patient education, gentle hands-on techniques and exercise, along with instruction of self-management skills. The recovery process will include pain relief, restoration of normal movement, and recovery of function. The goal of physical therapy is to restore and improve a patient's balance, flexibility, stability and ability to return to everyday activities.

Why should I choose Northern Rehab for my care?

We provide cost-effective, hands-on care in a fun, friendly clinical atmosphere. Northern Rehab has been the preferred physical therapy provider for thousands of clients for over 30 years. Northern Rehab has a diverse staff of specialists providing effective and compassionate care. We strive to develop collaborative relationships with our patients and other health care professionals and organizations while maintaining our independence as a physical therapist owned practice. You can learn more by calling us at (815) 756-8524 or visiting us at www.northernrehabpt.com to learn more!



www.northernrehabpt.com
(815) 756-8524



NORTHERN REHAB

PHYSICAL THERAPY

Specialists



DEKALB

3266 Resource Parkway
DeKalb, IL 60115

Located by Resource Bank
and the Medical Arts
Building

Phone (815) 756-8524
Fax (815) 756-1841

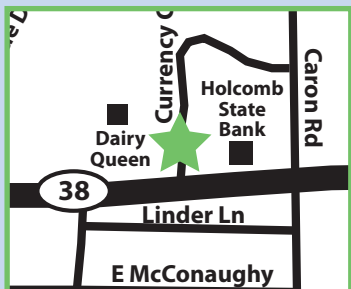


DEKALB

232 W. Lincoln Highway
DeKalb, IL 60115

Located between Kishwaukee
River and Hickey's Marathon

Phone (815) 756-2369



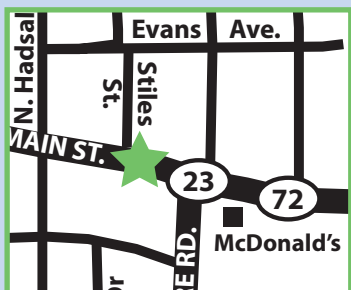
ROCHELLE

1211 Currency Court
Suite C

Rochelle, IL 61068

Holcomb Bank Professional Park
Located between Dairy Queen
and Holcomb Bank

Phone (815) 562-3299



GENOA

540 E. Main Street
Suite 5

Genoa, IL 60135

Genoa Shopping Center
Corner of 23 and 72 across
from McDonald's

Phone (815) 784-6417