

# Industrial Medicine

## How can Northern Rehab help decrease work-related injuries?

Our highly trained physical therapists strive to minimize workplace injury, reduce compensation claims, and improve employees' productivity. We offer several programs with an emphasis on employee education and prevention of injuries, including work site analysis and on-site clinics. If an injury does occur at work, we offer clinical physical therapy, functional capacity evaluations (FCEs), and work conditioning to get employees back to work safely and quickly.

## What is an FCE?

A Functional Capacity Evaluation (FCE) is an evaluation that provides information on injured employees work capabilities and limitations. The client's level of participation, work behaviors, cooperation, and effort are also assessed. Not all employees require the test. It will depend on the employee's progress and recovery as well as their job type.

## What is Work Conditioning?

Work Conditioning is an intensive, work-related, goal-oriented conditioning program designed for injured employees that have been off work for extended periods. The emphasis of the work conditioning program is to simulate work settings and restore physical conditioning to enable the patient/client to return to work.

## Who provides Work Conditioning and FCEs?

Several Northern Rehab physical therapists have gone through extensive training in providing work conditioning and administering FCEs to clients that have identified physical and functional deficits at work. You can learn more about industrial medicine by speaking to your physical therapist, calling us at (815) 756-8524, or visiting our website at [www.northernrehabpt.com](http://www.northernrehabpt.com)!



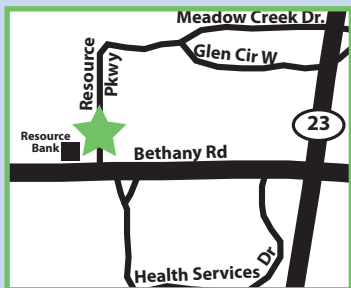
[www.northernrehabpt.com](http://www.northernrehabpt.com)  
(815) 756-8524



# NORTHERN REHAB

## PHYSICAL THERAPY

Specialists



### DEKALB

3266 Resource Parkway  
DeKalb, IL 60115

Located by Resource Bank  
and the Medical Arts  
Building

**Phone (815) 756-8524**  
Fax (815) 756-1841

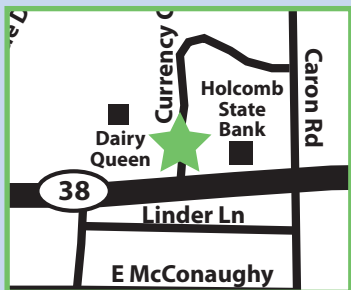


### DEKALB

232 W. Lincoln Highway  
DeKalb, IL 60115

Located between Kishwaukee  
River and Hickey's Marathon

**Phone (815) 756-2369**



### ROCHELLE

1211 Currency Court  
Suite C

Rochelle, IL 61068

Holcomb Bank Professional Park  
Located between Dairy Queen  
and Holcomb Bank

**Phone (815) 562-3299**



### GENOA

540 E. Main Street  
Suite 5

Genoa, IL 60135

Genoa Shopping Center  
Corner of 23 and 72 across  
from McDonald's

**Phone (815) 784-6417**